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Why Should a Newborn Baby be Checked by a Chiropractor?

Do you agree that all children deserve the right to be as clever, as strong, healthy & as vibrant as they can possibly be?

Unfortunately most of us do not realize that the way our children enter the world has a direct effect on their health.

If fact, trauma from the birth process remains an under-publicised & significantly under-treated problem.

There are many factors that can cause birth trauma, including a long or very short labour, caesarean section delivery because of lack of progress & the cord around the baby's neck.

As experts in the care of the spine and nervous system, chiropractors appreciate that an incredible 65% of development of the brain & nervous system occurs in a child's first year of life.

Chiropractors are trained to assess and ease the effects of birth trauma. We believe that, for the ideal start in life, babies should be checked and adjusted as soon as possible after birth to help alleviate health issues that may arise from the birth process.

Even better there is great benefit in mothers having their spine & nervous system checked during pregnancy.

In one study, over 1500 babies were examined within the first five days of birth. This study revealed that at least 90% of the babies involved had suffered birth trauma & strain through the neck

and cranial areas. Another study examined more than 1000 infants & concluded that approximately 80% of all newborns had some form of nerve dysfunction.

Left unresolved, these subluxations (spine & nerve dysfunction) could place stress on the communication systems of the body, in particular the nervous & immune systems.

Chiropractic adjustments "free up" the communication channels, enabling the body to self-regulate and heal itself.

Chiropractic adjustments for adults differ significantly from those performed on newborns. Infant adjustments are very gentle, and typically, a baby will be soothed by these techniques.



We would like to take this opportunity to Wish our Patients & Friends a Very Merry Christmas and fabulous 2012. We look forward to seeing you in the New Year!

www.southernspinalcare.com

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Dr Terry Notaras

Chiropractor
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Dr Terry Notaras is a Doctor of Chiropractic and Doctor of Osteopathy. He is registered as a Chiropractor and Osteopath with the Chiropractic Board of Australia and is a member of the Chiropractors Association of Australia. Dr Notaras is also an Associate Member of the Australasian College of Chiropractors.

Dr Terry Notaras has lived in the local area for 39 years and has been in private practice for 26 years. He has served on the Executive Committees of the Chiropractors Association of Australia.

Dr Notaras has looked after the health of some of the world's best professional Golf Tour. He has also looked after the Olympic Cycling Squad as well as many other elite athletes. This background allows the technique used at Southern Spinal Care to be the latest and the most effective in the world.

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